



Tabel 3. Characteristic metabolites applicable as biomarker(s) for Osteoarthritis.

Compound	$\delta \text{ (ppm } \pm 0.05)$	Designation	Multiplicity
Lactate	1.35	CH3	Doublet
	4.05	CH	Quartet
Malate	3.13	CH2	Doublet
	3.23	CH2	Doublet
	4.33	$\mathbf{CH}$	Doublet doublet
β-alanine	2.40	CH2	Triplet
	2.88	CH2	Triplet
Hypoxanthine	8.32	$\mathbf{CH}$	Doublet
3,4-Dihydroxymandelate	6.83	Cyclic H	Doublet
	6.90	Cyclic H	Singlet
	6.95	Cyclic H	Doublet
3-Hydroxycinnamic acid	7.03	$\mathbf{CH}$	Singlet
(3-hydroxykaneelzuur)	7.15	Cyclic H	Doublet
Alanine	1.48	CH3	Doublet
	4.13	$\mathbf{CH}$	Quartet
Asparagine	2.86	CH2	Multiplet
	2.96	CH2	Multiplet
N-acetyl asparate	2.02	CH3	Singlet
	2.56	CH2	Multiplet
	2.74	CH2	Multiplet
	4.40	$\mathbf{CH}$	Multiplet
Aliphatic region	2.0-2.9		
Alkene region	3.0-4.7		
(Hetero)aromatic region	6.3-7.5		